

RHE Overview

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Year A:	EYFS	Year 1/2		Year 3/4		Year 5/6	
Autumn 1	Caring Friendships Being Kind	Families and Friendships Safe Relationships	Relationships - Making Friends, Feeling Lonely, Getting Help Safe Relationships	Respecting Ourselves and Others Friends and Families	Respecting Ourselves and Others Families and Friendships	Respecting Others and Ourselves Families and Friendships	Celebrating Difference Across the World
Spring 1	Families	Living in the Wider World	Media Literacy and Digital Resilience Money and Work Strengths and Interests	Belonging to a community	Living in a wider world	Living in the wider world	Safety with online communities
Summer 1		Physical Health and Mental Well Being Keeping Healthy, Food and Exercise, Hygiene Routines and Sun Safety	Growing and Changing Recognising What Makes Us Unique and Special Keeping Safe	Physical Health and Mental Well Being	Economic Well being, Aspirations, Work and Career	Economic Well being, Aspirations, Work and Career	Health and WellBeing, Body Image, Sleep, Emergency First Aid
Year B:	EYFS	Year 1/2		Year 3/4		Year 5/6	
Autumn 1	Caring Friendships Being Kind	Respecting Ourselves and Others	Respecting Ourselves and Others	Respecting Ourselves and Others Families and Friendships	Celebrating Difference Across the World	Keeping Safe	Safe Relationships
Spring 1	Families	Belonging to our Community	Media Literacy and Digital Resilience Money and Work Strengths and Interests	Belonging to a community	Belonging to a community	Belonging to a community	Media Literacy and Digital Resilience
Summer 1		Physical Health and Mental Well Being	Keeping Safe Changing and Growing	Physical Health and Mental Well Being	Understanding That Everyone is Unique and Special	Understanding ng That Everyone is Unique and Special	Growing and Changing