

17th July 2024

Dear Families,

We are excited to be able to share with you our plans for our outdoor PE sessions next year. The children will travel by minibus to Reach Outdoors, Goodrington Home | Reach Outdoors | Outdoor adventure specialists, Devon (reach-outdoors.com) . Reach Outdoors are a well established company offering various activities to the public and school groups. We hope you agree that these sessions are a fabulous opportunity for the children to develop confidence and work together as a team. All the activities are offered for free, as part of the PE curriculum. We do ask that you complete a permission form for your child(ren) by September 10th 2024. The form can be found by clicking this link: permission form.

We will leave at 8.45 and return to school at 3.45pm. The children will be accompanied by our staff at all times.

The sessions and classes are as follows:

Date / Time	Activity	Class
Tuesday 17 th September		
9.30 – 11.45	Kayaking	Templar
12.15 – 14.30	Climbing	
Tuesday 24 th September		
9.30 – 11.45	Giant SUP	Templar
12.15 – 14.30	Indoor Climbing	
Tuesday 1 st October		
9.30 – 11.45	Bushcraft	Courtenay
12.15 – 14.30	Indoor Climbing	
Tuesday 8 th October		
9.30 – 11.45	Buschcraft	Courtenay



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12.15 – 14.30	Indoor Climbing	
Tuesday 15 th October		
9.30 – 11.45	Bushcraft	Templar
12.15 – 14.30	Indoor Climbing	
Tuesday 22 nd October		
9.30 – 11.45	Bushcraft	Templar
12.15 – 14.30	Indoor Climbing	
Tuesday 5 th November		
9.30 – 11.45	Orienteering	Courtenay
12.15 – 14.30	Indoor Climbing	
Tuesday 12 th November		
9.30 – 11.45	Orienteering	Courtenay
12.15 – 14.30	Indoor Climbing	

For water activities, children will require old trainers to get wet, swimwear for underneath their wetsuits and a towel and dry change for afterwards. It is best if they arrive with their swimwear already underneath their clothes warn to school to help speed up the changing process.

For land based activities children will need wellies as it could be muddy, with a clean pair of closed toe, lace up shoes (trainers are ideal) for climbing inside. They should have warm layers and a coat (ideally waterproof) for outside activities and active wear suitable for climbing in (no denim, no skirts / dresses).

For all days, children will need a lunch, snack and refillable drinks bottle. If your child is entitled to a FSM and would like a school packed lunch please state on the attached <u>permission form.</u>

Regards,

Líam O'Sullívan

Headteacher