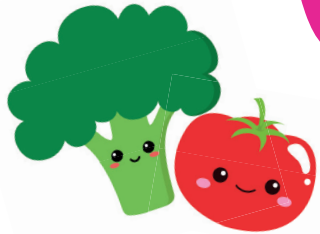
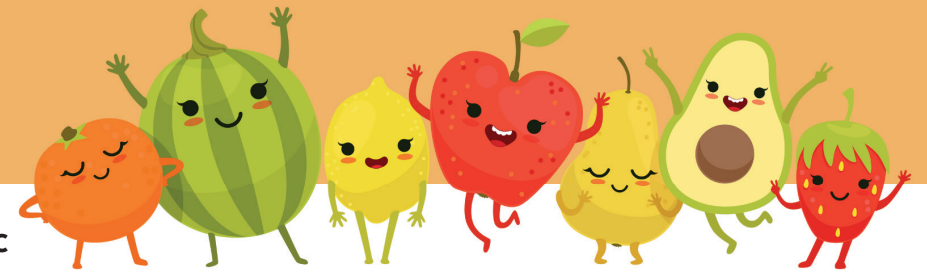




Week 1

3 Sep, 23 Sep, 14 Oct, 11 Nov, 2 Dec



Main meal

Monday

Macaroni Cheese with Ham and Garlic Bread

Tuesday

Chilli Con Carne with Rice

Wednesday

Roast Chicken with Roast Potatoes

Thursday

Sausage Casserole

Friday

Breaded Cod and Chips

Vegetarian option

Macaroni Cheese with Garlic Bread **V**

Mixed Bean Chilli **V**

Lentil Loaf **V**

Vegan Sausage Casserole **V**

Vegetable Nuggets **V**

Jacket Potatoes

Tuna and Mackerel Mayonnaise, Cheese **V** or Baked Beans **V**

Sandwich

Cheese and Pickle **V**

Egg Mayonnaise **V**

Cheese and Salad **V**

Tuna Mayonnaise

Ham Salad

Wrap

Ham Salad

Tuna Mayonnaise and Salad

Turkey Salad

Coronation Chicken

Falafel, Mayonnaise and Salad **V**

Dessert

Shortbread **V**

Sticky Toffee Sponge with Custard **V**

Ice Cream **V**

Fruit Salad **V** and Cream **V**

Jelly **V** and Ice Cream **V**

Seasonal Vegetables, Salad Selection, Bread and Fresh Fruit available daily

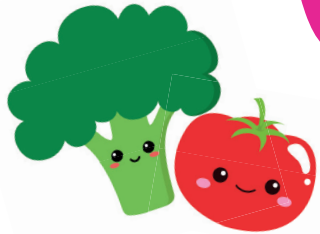
V - Vegetarian
V - Vegan





Week 2

9 Sep, 30 Sep, 21 Oct, 18 Nov, 9 Dec



Main meal

Monday
Jacket Potato with Coronation Chicken or Tuna Mayonnaise

Tuesday
Hunters Chicken

Wednesday
Roast Gammon with Roast Potatoes

Thursday
Pasta Bolognese and Garlic Bread

Friday
Fish Fingers with Chips

Vegetarian option

Jacket Potato with Cheese **V** or Baked Beans **V**

Vegetable Hunters Sausage **V**

Garden Pea Fritter **V**

Vegan Pasta Bolognese and Garlic Bread **V**

Quorn Vegan Nuggets **V**

Jacket Potatoes

Tuna Mayonnaise, Cheese **V**, Baked Beans **V** or Ham

Sandwich

Tuna Mayonnaise

Ham Salad

Egg Mayonnaise **V**

Turkey Salad

Cream Cheese and Cucumber **V**

Wrap

Coronation Chicken Salad

Cheese, Pickle and Salad **V**

Ham Salad

Cheese Salad with Mayonnaise **V**

Falafel, Mayonnaise and Salad **V**

Dessert

Fruity Flapjack **V**

Apple Crumble **V** and Custard **V**

Ice Cream **V**

Fruit Salad **V** and Cream **V**

Ice Cream Roll **V**

Seasonal Vegetables, Salad Selection, Bread and Fresh Fruit available daily

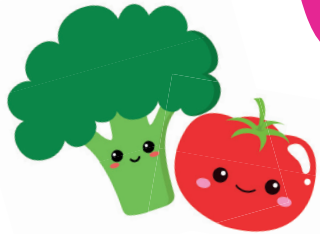
V - Vegetarian
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Week 3

16 Sep, 7 Oct, 4 Nov, 25 Nov, 16 Dec



Main meal

Monday

Chicken Katsu
Curry with Rice

Tuesday

Cottage Pie

Wednesday

Roast Pork with
Roast Potatoes

Thursday

Meatballs with
Spaghetti

Friday

Fish Cakes

Vegetarian option

Sweet Potato and
Lentil Curry **V**

Vegan Cottage Pie **V**

Roasted Vegetable
Plait **V**

Vegan Meatballs **V**

Margarita Wrap **V**

Jacket Potatoes

Tuna Mayonnaise, Cheese **V** or Baked Beans **V**

Sandwich

Ham Salad

Turkey Salad

Egg Mayonnaise **V**

Tuna Mayonnaise

Cheese **V**

Wrap

Cheese and
Chutney **V**

Chicken
Mayonnaise

Ham Salad

Cheese Salad **V**

Falafel, Mayonnaise
and Salad **V**

Dessert

Rice Pudding **V**

Rhubarb Crumble **V**
and Custard **V**

Ice Cream **V**

Fruit Salad **V**
and Cream **V**

Angel Delight **V**

Seasonal Vegetables, Salad Selection, Bread and Fresh Fruit available daily

V - Vegetarian
V - Vegan

