

Summer Menu 2023

To go with the main meal ...

Seasonal vegetables V

All vegetables are seasonal with the exception of peas, sweetcorn and baked beans.

Jacket Potatoes

Jacket potatoes are available as an alternative main meal with cheese V, beans V or tuna mayo.

Freshly Baked Bread

Freshly baked bread is available each day to compliment the main meal.

Salad Bar

A freshly prepared salad bar is available daily.

Yogurts and fresh fruit are also available daily.

V Vegan

V Vegetarian

Week Three

For weeks commencing
01/05, 22/05, 19/06, 10/07

Margherita Wrap V or Vegan Margherita Wrap V with potato wedges

Tuna mayo and sweetcorn wrap V or Egg mayo sandwich V

Chocolate cracknel VV

Meatballs or Quorn Swedish Balls V Vegan Balls V With Spaghetti and Crusty Bread

Cheese and Salad wrap V or Ham sandwich

Lemon Muffin V

Roast chicken and gravy or Broccoli & Cauliflower bake V or Vegan Roast V with roast potatoes

Cheese & Chutney wrap V or Tuna mayo sandwich

Organic ice-cream

Chicken Curry or Quorn Chicken curry V or butternut squash & lentil curry V with rice & Naan Bread

Cheese spinach & mango chutney wrap V or Ham sandwich.

Iced Sponge Cake

Fish fingers or Vegan nuggets V with chips and peas or beans

Tuna mayo and cucumber wrap or Chicken and sweetcorn mayo sandwich.

Strawberry Jelly and cream

Week Two

For weeks commencing
24/04, 15/05, 12/06, 03/07, 24/07

Mac and cheese V or Roasted Vegetable Tomato Pasta Bake V with garlic bread

Cheese & cucumber wrap or Egg mayo sandwich V

Custard Biscuit VV

BBQ Chicken Burrito or BBQ Quorn Chicken Burrito V Or BBQ Vegetable Burrito V with rice

Tuna mayo and cucumber wrap or Ham sandwich.

Blueberry muffin V

Roast turkey and gravy or Yorkshire pudding stuffed with roasted vegetables V or Vegan Roast V with roast potatoes

Ham and salad wrap or Tuna mayo sandwich.

Organic ice-cream

Pasta Beef Bolognese or Plant Based Bolognese VV with Garlic Bread

Cheese and salad wrap V or Ham sandwich.

Chocolate cake and Chocolate Custard V

Fish fingers or Vegan Nuggets V with chips and peas or beans

Cheese, spinach, and Mango chutney wrap V or Chicken and Bacon mayo sandwich.

Angel Delight

Week One

For weeks commencing
17/04, 08/05, 05/06, 26/06, 17/07

Wholemeal Pepperoni pizza or Margherita pizza V or Vegan Pizza V with potato wedges

Cheese salad wrap V or Egg mayo sandwich V

Plain Shortbread V

Chicken Pasta Bake or Roasted vegetable Pasta Bake V V with garlic bread

Tuna mayo and cucumber wrap or Ham sandwich.

Apple and cinnamon muffin V

Honey roast ham and gravy or Veggie Plait V or Vegan roast V and roast potatoes

Ham and lettuce wrap or Tuna mayo sandwich.

Organic ice-cream

Sausages or Quorn sausage or Vegan Sausage with mash potato and gravy

Chicken and sweetcorn mayo and lettuce wrap or cheese sandwich V

Flapjack VV

Fish fingers or Vegan nuggets V with chips and peas or beans

Cheese, spinach, and mango chutney wrap V or Chicken and bacon mayo sandwich.

Frozen Strawberry yoghurt smoothie

MONDAY

TUESDAY

ROAST
WEDNESDAY

THURSDAY

FISH
FRIDAY

