

## No 1 Multi Academy Trust for disadvantaged pupils' outcomes

DfE PERFORMANCE TABLES 2019 AND No 3 IN 2018

## Top 10 National Pupil Progress

DfE PERFORMANCE TABLES 2018 AND 2019



14th May 2021

Dear Parents and Carers,

### Walk to School Week 2021 17th - 21st May 2021

Next week is National Walk to School Week. We are encouraging our families, where possible, to either walk to school, "walk and wheel" or "drive and stride".

Mrs Webber has set herself a personal challenge to run to school! A keen runner, Mrs Webber has entered the Torbay half marathon in September in aid of the Stanley Beau Foundation <https://stanleybeaufoundation.org/> and thought this would be a great opportunity to raise the importance and benefits of regular exercise and support the Stanley Beau Foundation. The Foundation supports children with life limiting illness and their families by providing holidays, short breaks and days out as well as emotional and practical support. If you would like to donate or find out more about the Foundation please visit <https://www.justgiving.com/stanleybeaufdn>

### Why the Walk to School matters:

**Happier children** - It's been proven that children who do some form of exercise, especially a walk before school, do better in class because they arrive refreshed, fit and ready to learn.

**Less congestion** - During morning peak traffic times, one in five cars on the road are taking children to school, contributing to congestion, air pollution and carbon emissions.

**Cleaner air** - The school run alone is responsible for generating half a million tonnes of CO2 per year (which is more than produced by some small countries). Imagine what we could achieve if we began converting some of these rides to strides?

**How can I get involved in Walk to School Week?** - The week-long challenge is not just about walking. Any type of exercise is encouraged, including cycling, riding your scooter or even running to school.

Although it may not be possible for every child to walk the distance from their house to their school, parents and carers could, if practical, 'drive and stride,' or parking further than normal and walking the rest of the way.



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## TOGETHER WE EMPOWER EXCELLENCE



During the week children will learn about the benefits of walking to school and we will collect data about how the children came to school. Participation is voluntary and we understand if some children are not able to participate.

Yours sincerely,

*Mrs Edwards*

Mrs Edwards

Head of Academy