

# ASM Values Week

This week is our value week! To celebrate our school values we will be focusing on a different value each day.

Our school values are:

**Courage, Compassion, Creativity,  
Perseverance, Trust**



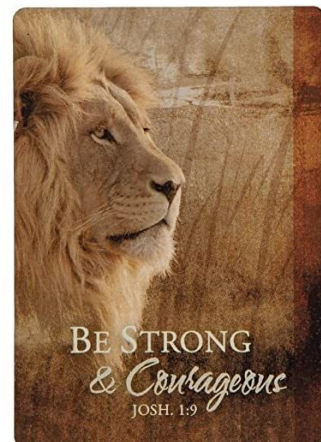
***Our core value of Love  
is shown in all of our values***

## **Monday Courage**

Joshua 1:9 Be strong and courageous; do not be frightened or dismayed, for the Lord God is with you wherever you go.

***‘Courage doesn’t always roar the little  
voice at the end of the day that says I’ll try  
again tomorrow’ Anon***

Today we will be focusing on **Courage**. Can you think of a time when you showed courage? Can you draw this and label what it was?



## Tuesday Compassion

Colossians 3:12 Clothe yourself with compassion, kindness, humility, gentleness and patience.

**‘No act of kindness, no matter how small, is ever wasted’ Aesop**

Today we will be focusing on Compassion.

Compassion is a value that has more impact when it’s part of our everyday lives. The more compassionate we are, the better and happier our community becomes.

**Try creating a ‘compassion calendar’** to remind you of all the different things you can do for others. The calendar can be as short as a week or two. You could always add on to your calendar to complete a month.

See the following example:

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| <b>2 Family Time</b><br>Help plan and prepare dinner with your family. After enjoying the meal together, help clean up. | <b>3 Chat with Someone</b><br>Start a conversation with someone you don't know well. Ask them how their day is going and find at least one thing you have in common. | <b>4 Wildlife Conservation</b><br>Choose an endangered animal to learn more about. Find out what more we can do to help protect them. Share your information with at least two others. | <b>5 Clean Up</b><br>Make the world a better place by cleaning and tidying. Ex. Clean up trash in your school yard, recycle paper in your classroom, or do an extra chore at home. | <b>6 Connect</b><br>Write a letter to a friend or family member you think needs cheering up. Tell them why you appreciate them! |
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## **Thursday Perseverance**

Philippians 4:13 I can do all things through him who strengthens me.

***When the world says 'Give Up', Hope whispers, 'Try it one more time'. Anon***

### **Learn a new skill**

Learn the words to a new song. Could you share the song with your friends to perform when we are back together?

You could learn a new skill in one day! Take a look with a grown up on youtube to find art tutorials to help you learn how to draw or paint in a very short time.

Maybe you have always wanted to learn to skip or run on the spot, practice makes perfect.



## **Friday Trust**

Psalms 18:2 My God is my strength in whom I trust.

***'Trust yourself, you know more than you think' Benjamin Spock***

### **The Trust Walk**

Can you get a member of your family to help you complete the trust walk? Start by closing your eyes or blind folding your partner. Can you direct them to a place? Be careful that you don't bump into anyone.

***Have fun!***  
***The ASM Teaching Team***