

EXPRESSING

FAITH

THROUGH

THE ARTS



As you know, our Christian values at All Saints Marsh are:

CREATIVITY

COURAGE

COMPASSION

PERSEVERANCE

TRUST

LOVE



Pick one of the above values and create a symbol or piece of art to go with the value.

In Islam, God is believed to have 99 Names, known as the 99 Names of Allah.

These include the following:

The All Mighty

The Creator

The All-Knowing

The loving one



Think about the people close to you and write a list of their best qualities to help you create a poem about them. It could be as long or as short as you make it.

Example:

Dad:

The best cook

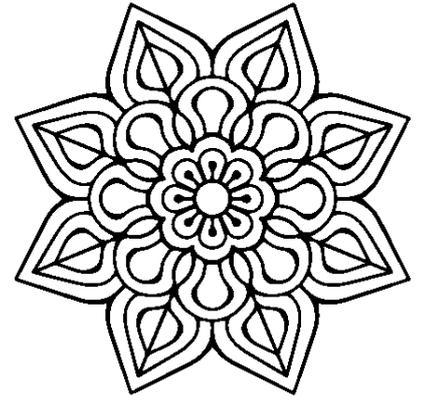
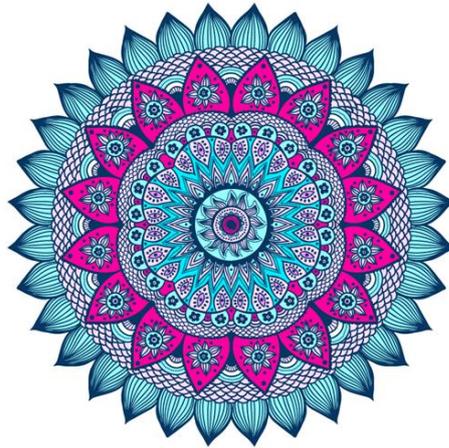
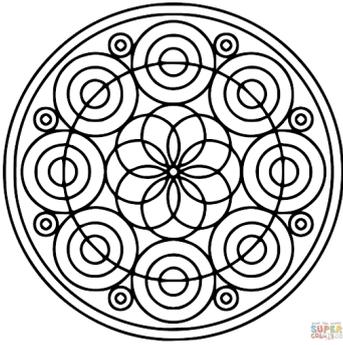
The supportive one

The rule maker



Buddhists practise meditation as a way to calm themselves and to notice more on their surroundings. They also practise mindfulness and love.

They use symbols called mandalas to help them focus. See below for examples:



Why not try:

- **Creating your own mandala inspired art work by repeating patterns and colour.**
- **Listening to some calm music and recording how you feel**
- **Being still and listening to all the different sounds around you.**

Humanists do not believe in a god. They value traits like reason and rely on science to explain the way things are. They believe in the golden rule, which is:

‘Treat other people as you'd want to be treated in their situation.’

‘Do not treat others in a way you would not like to be treated yourself.’

Create your own set of rules to live by. Remember, these rules need to be able to work in a community, school, family or friendship group. They can be tough as long as there is justice and equality.

Example:

- **Help the hungry by giving them food**
- **Be kind to everyone you meet**
- **Do your chores and help others**



Look carefully at the following places of worship. Using any material of your choice, pick one and design a 3D version of the building.

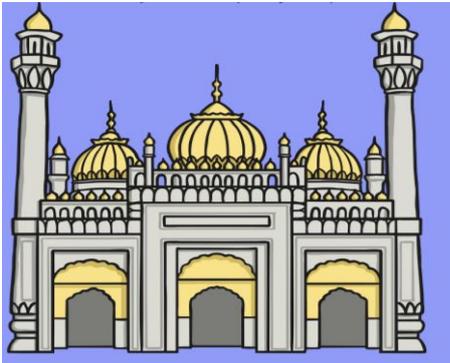
Church: Christian



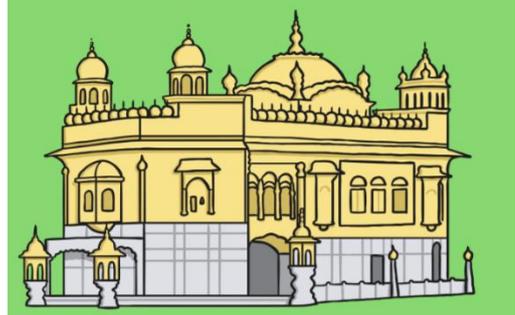
Gurdwara: Sikh



Mosque: Muslim



Mandir: Hindu



A Wat: Buddhism



Synagogue: Jewish

